

Mandy DiMarzo

CEO OF BURN BY MANDY + SPEAKER + AMBASSADOR

REDEFINING STRONG AND GIVING PURPOSE WHEN FACED WITH A DEADLY ILLNESS.

Mandy DiMarzo, former division one soccer player, professional athlete/triathlete, global Lululemon Ambassador who has built a world-wide community through her BURN classes - that now span over 80 countries and 2300 towns/cities across the globe. Having been on fitness billboards all over the US, her greatest achievement to date has been overcoming female's triad (eating disorder, menstrual absence and low bone mass).



SIGNATURE TOPICS



Diseases aren't meant to kill you, they are meant to save you.



Society has viewed strong, wrong: Let's redefine "your strong."



Female's Triad: 25 years old and on geriatric meds for osteoporosis.

TESTIMONIAL

"THIS is another reason to keep up your energy and incredible work. Your motivation has changed my daughter's entire life. She had struggled with an eating disorder, and your encouragement and love throughout your workouts has completely transformed her as a person, as well as me.

You have impact me, my daughter and my family more than you will ever know." - C.R.



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